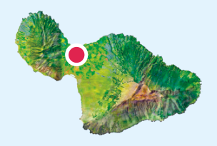
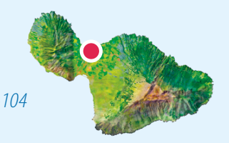
PARKS

MAUI COUNTY PUBLIC POOLS

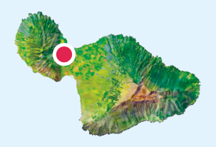
Lifeguards on Duty   Daily Information Line: 808-270-8208



61 COACH SOICHI SAKAMOTO POOL
MAP: H-5 GPS: 20.8903, -156.4887
1580 Kaahumanu Ave, Wailuku
www.mauicounty.gov/Facilities/Facility/Details/Coach-Soichi-Sakamoto-Pool-30
8 lane 50 m pool • 1m & 3m diving boards
• Sun Noon-4:30pm ; Thu 10am-4:30pm; Mon-Wed & Fri-Sat 9am-4:30pm
• 6:30-8am Lap Swims Mon-Wed-Fri; Adult Only Lap Swims noon-2pm daily



62 KOKUA POOL
MAP: H-6 GPS: 20.88, -156.4784
275 Uhu St, Kahului
www.mauicounty.gov/Facilities/Facility/Details/Kokua-Pool-104
10 lane 25 yd pool • Sun & Wed 10am-4:30pm;
Mon-Tue & Thu-Sat 9am-4:30pm • Water Aerobics classes Mon-Wed-Fri



63 COACH SPENCER SHIRAISHI POOL
MAP: H-6 GPS: 20.8871, -156.467
148 Kaulawahine St, Kahului
www.mauicounty.gov/Facilities/Facility/Details/Coach-Spencer-Shiraishi-Memorial-Pool-18
6 lane 25 yard pool • Sun & Thu 10am-4:30pm;
Mon-Wed & Fri-Sat 9am-4:30pm; Water Aerobics classes Mon-Wed-Fri

64 NEW WAILUKU POOL
MAP: G-6 GPS: 20.8863, -156.5018
200 S Market St, Wailuku
www.mauicounty.gov/Facilities/Facility/Details/Wailuku-Pool-New-24
No lane 15 yd pool 3-4 ft depth with side handrails
Sun & Wed 10am-4:30pm; Mon-Tue & Thu-Sat 9am-4:30pm
Water Aerobics classes weekdays

65 LAHAINA AQUATIC CENTER
MAP: B-6 GPS: 20.8696, -156.6715
245 Shaw St, Lahaina
www.mauicounty.gov/Facilities/Facility/Details/Lahaina-Aquatic-Center-151
8 lane 50 m x 25 yd competition pool
15 x 20 ft keiki pool & fountain
Sun Noon-4:30pm; Thu 10am-4:30pm; Mon-Wed & Fri-Sat 9am-4:30pm
6:30-8am Lap Swims Mon-Wed-Fri; Water Aerobics classes weekdays

66 KIHEI AQUATIC CENTER
MAP: I-10 GPS: 20.7489, -156.4477
303 E. Lipoa St, Kihei
www.mauicounty.gov/Facilities/Facility/Details/Kihei-Aquatic-Center-129
8 lane 50 m x 25 yd competition pool •
8 lane 25 x 30 yd training pool • 1m & 3m diving boards •
Sun Noon-4:30pm; Wed 10am-4:30pm; Mon-Tue & Thu-Sat 9am-4:30pm
6:30-8am Lap Swims Mon-Wed-Fri; Water Aerobics classes daily (ex. Sun)
ADA Accessible; ADA Parking; ADA Pathways; ADA Restrooms

67 UPCOUNTRY SWIMMING COMPLEX
MAP: L-7 GPS: 20.8388, -156.3428
90 Pukalani St,, Pukalani
www.mauicounty.gov/Facilities/Facility/Details/Upcountry-Pool-22
6 lane 50 m x 15 yd pool • 40 x 40 ft teaching pool
Small 1 ft deep keiki pool
Sun Noon-4:30pm; Thu 10am-4:30pm; Mon-Wed & Fri-Sat 9am-4:30pm
Water Aerobics classes Mon-Wed-Fri

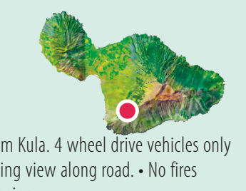
HAWAII STATE PARKS

Hawaii's State Park system, managed by the Department of Land and Natural Resources through its Division of State Parks, offers public enjoyment and enrichment in the natural world. There are eight State parks, recreation areas, waysides and monuments on the Island of Maui. Heritage and outdoor recreation programs help preserve, protect and develop Hawaii's natural and cultural features.

Picnicking, camping, lodging, ocean swimming, snorkeling, surfing, fishing, sightseeing, hiking, pleasure walking, and nature appreciation are some of the activities that may be pursued within Maui's State Parks.

For cabin rental and camping permit, contact the Division of State Parks, 54 S. High St, Room #101, Wailuku, Hawaii, 96793; phone (808) 984-8109.

51 HALEKII-PIHANA HEIAU STATE MONUMENT
MAP: H-5 GPS: 20.905, -156.4917
10.2 acres Elev: 160'
http://dlnr.hawaii.gov/dsp/parks/maui/halekii-pihana-heiau-state-monument/
In Wailuku, take Kuhio Place to Hea Place. Park is at end of Hea Place. State historical monument, information board describing heiau, foot path to heiau, overlook with view of central Maui. Entrance gate. Open same hours as Iao Valley State Park, above. Gate currently remains locked. If needed, a key can be signed out from the Wailuku office. Pedestrian access allowed.



52 POLIPOLI SPRING STATE RECREATION AREA
MAP: M-13 GPS: 20.6773, -156.3298
10 acres Elev: 6160'
http://dlnr.hawaii.gov/dsp/parks/maui/polipoli-spring-state-recreation-area
Take Waipoli Road off Highway 377 about 10 miles upland from Kula. 4 wheel drive vehicles only (required not recommended). Wooded area with trails, sweeping view along road. • No fires • shelter • one cabin.• Restrooms • Water • Picnic Tables • Camping

53 KAUMAHINA STATE WAYSIDE
MAP: R-6 GPS: 20.8716, -156.1714
7.8 acres Elev: 360'
http://dlnr.hawaii.gov/dsp/parks/maui/kaumahina-state-wayside
Take Highway 360 about 28 miles (2 hrs) east of Airport. Rain forest overlooking Hana coastline. • Restrooms • overlooks • picnic tables

54 WAILUA VALLEY STATE WAYSIDE
MAP: S-7 GPS: 20.8396, -156.1403
1.5 acres Elev: 480'
http://dlnr.hawaii.gov/dsp/parks/maui/wailua-valley-state-wayside
Take Highway 360 about 32 miles (2-1/4 hours) east of Kahului Airport. Scenic view of Koolau, Wailua and Keanae valleys

55 PUAA KAA STATE WAYSIDE
MAP: S-8 GPS: 20.8165, -156.1244
5 acres Elev: 1240'
http://dlnr.hawaii.gov/dsp/parks/maui/puaa-kaa-state-wayside
Take Highway 360 about 38 miles (2 1/2 hours) east of Kahului Airport. Idyllic park: restrooms, picnic tables, shelters

56 WAIANAPANAPA STATE PARK
MAP: W-9 GPS: 20.7894, -156.0046
122 acres Elev: 20 - 200'
http://dlnr.hawaii.gov/dsp/parks/maui/waianapanapa-state-park/
Take Highway 360 about 53 miles (3 hours) east of Kahului Airport. Park is at end of Waianapanapa Road. Beach park, shoreline fishing, nearby heiau (religious temple), natural stone arch, sea stacks, blow holes and small black sand beach. . Restrooms, picnic tables, outdoor stoves, swimming, tent camping, 12 cabins. Restrooms • Picnic Tables • Camping by reservation.

57 MAKENA STATE PARK
MAP: I-14 GPS: 20.6342, -156.447
169 acres Elev: 20'
http://dlnr.hawaii.gov/dsp/parks/maui/makena-state-park/
Off Makena Road two miles south of Maui Prince Hotel (closed). Beach park, swimming allowed at own risk, portable restrooms, picnic tables. Lifeguards • Restrooms • Picnic Tables.

58 IAO VALLEY STATE MONUMENT
MAP: F-6 GPS: 20.8808, -156.5455
6.2 acres Elev: 960'
http://dlnr.hawaii.gov/dsp/parks/maui/iao-valley-state-monument/
Take Highway 32 to end of Iao Valley Road. A paved 0.6 mile walk provides a scenic viewpoint of Kukaemoku (Iao Needle), an erosional feature which abruptly rises 1200 feet from the valley floor.. Botanical garden, scenic view, restrooms, overlooks, shelter. Open 7:00 a.m. to 6:00 p.m. daily. Restrooms.

LIFEGUARD PROTECTED BEACH PARKS

All the beaches list below have lifeguards present from 8am - 4:45 pm every day including weekends and holidays.

There are public rescue tubes currently located on south, west and east shores of Maui with future plans to install rescue tubes on the north shores.

Please pay special attention and obey all warning signs posted, they are there for a reason.

Before going to the beach, check out conditions at hawaiibeachsafety.org.

57 MAKENA STATE PARK
MAP: I-14 GPS: 20.6342, -156.447
169 acres *Makena Road, Makena*
http://dlnr.hawaii.gov/dsp/parks/maui/makena-state-park/
Also known as "Big Beach" – South of Wailea, swimming allowed at own risk. Makena has two lifeguard towers.• Lifeguards.
Use extreme caution while swimming at this beach, the waves can be hazardous.

71 D.T. FLEMING PARK
MAP: B-2 GPS: 21.0039, -156.6513
3.4 ac. *Lwr Honoapiilani Rd @ Honoapiilani Hwy, Napili*
www.mauicounty.gov/Facilities/Facility/Details/DT-Fleming-Park-170
• Restrooms • Water • Picnic Tables • Access Kapalua Beachwalk. Use extreme caution while at this beach, the waves can be hazardous.

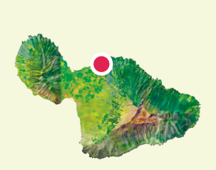
72 H.A. BALDWIN PARK
MAP: K-5 GPS: 20.9146, -156.3929
22.9 acres (pavilion, oceanside & Montana beach)
48.124 acres, (including Bike Trail parcel)
Alawi Rd. Hana Highway, Paia
www.mauicounty.gov/Facilities/Facility/Details/HA-Baldwin-Park-165
Open space • Lifeguards • Pavillion • Restrooms • Water • Picnic Tables • Surfing • Athletic Fields.

73 HANAKAOO PARK
MAP: A-5 GPS: 20.9074, -156.6877
4.8 acres *Honoapiilani Highway, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Hanakaoo-Park-171
• Canoe Halau • Lifeguards • Restrooms • Water • Picnic Tables
• Access Kaanapali Beachwalk

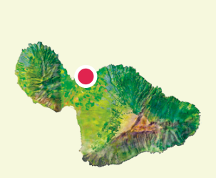
75 KAMAOLE I
MAP: I-11 GPS: 20.722, -156.448
3 acres *2400 South Kihei Road, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kamaole-I-202
• Lifeguards • Restrooms • Water • Picnic Tables
• Some ADA features present.

76 KAMAOLE II
MAP: I-11 GPS: 20.7156, -156.4466
2.2 acres *2550 South Kihei Road, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kamaole-II-232
• Lifeguards • Restrooms • Water • Picnic Tables

77 KAMAOLE III
MAP: I-12 GPS: 20.7118, -156.4459
10 acres *2800 South Kihei Road, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kamaole-III-233
• Lifeguards • Water • Picnic Tables • Restrooms.



74 HOOKIPA BEACH PARK
MAP: L-4 GPS: 20.9339, -156.3565
8.4 acres *Mile #9, Hâna Highway, Kuau*
www.mauicounty.gov/Facilities/Facility/Details/Hookipa-Beach-Park-169
Hookipa has two lifeguard towers.
The park is one of the top spots for ocean sports and recreation in Maui. Located at Mile #9 on Hâna Highway (36), this breath-taking white sand beach boasts some of the best waves on the Maui coastline. A mecca for surfers of all ages since the 1930's and the "home of contemporary surfing," Hookipa Beach is among Maui's most popular sites for events large and small. The Aloha Classic and Red Bull surfing competitions have come to Hookipa and the Maui Sports Foundation sponsors a number of events each year. • Lifeguards • Restrooms • Water • Picnic Tables • Surfing • Windsurfing.



78 KANAHA BEACH PARK
MAP: I-5 GPS: 20.9008, -156.4395
40 acres *Amala Place, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Kanaha-Beach-Park-101
Beautiful, Kanahâ Beach Park rests on a peaceful coastal expanse between Kahului Bay and Spreckelsville Beach. Breathtaking views of the West Maui Mountains and Iao Valley await visitors. A swim, a picnic in the shade of the tall trees flanking the beach, or a game of beach volleyball can be enjoyed as well. • Lifeguards • Restrooms • Water • Picnic Tables • Surfing • Windsurfing • Kiteboarding.

LAEULA O KAI EDUCTIONAL AND CULTURAL ORGANIZATION
AT KANAHA PARK
Canoeing, Surfing, Sailing, Voolleyball, Ocean Tours, Etnobiology,Marine Biology, Hula, Music, Hawaiian Games, Arts and Crafts, Fishing History, Medicine and Storytelling. The Canoe Club's headquarters is maintained at the beachfront pavilion.
http://luok.org

PARKS

MAUI COUNTY PARKS

CENTRAL MAUI PARKS

81 WAIHEE BEACH PARK
MAP: G-4 GPS: 20.9324, -156.4995
2 acres *Halewaiu Road, Waihee*
www.mauicounty.gov/Facilities/Facility/Details/Waihee-Beach-Park-182
• Restrooms • Water • Picnic Tables • Swimming at your own risk! • Some ADA features present.

82 WAIEHU BEACH PARK
MAP: G-4 GPS: 20.9215, -156.4925
3.65 acres Lower Waiehu Beach Park Road
www.mauicounty.gov/Facilities/Facility/Details/Waiehu-Beach-Park-148
• Picnic Tables

**See following park's details under "Lifeguard Protected Beach Parks"*

78 KANAHA BEACH PARK *
MAP: I-5 GPS: 20.9008, -156.4395
40 acres *Amala Place, Kahului*

83 HOALOHA PARK
MAP: H-5 GPS: 20.8925, -156.4685
2 acres *1 E. Kaahumanu Avenue, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Hoaloha-Park-3
• Restrooms • Water • Picnic Tables • Some ADA features present.

84 HONOLII PARK
MAP: G-6 GPS: 20.8863, -156.5053
0.25 acres *Corner of S. High and Main, Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Honolii-Park-96
• Picnic Tables

85 KAHULUI COMMUNITY CENTER
MAP: H-6 GPS: 20.8824, -156.4786
34 acres *275 Uhu Street, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Kahului-Community-Center-97
• Restrooms • Water • Picnic Tables • Tennis • Athletic Fields • Some ADA features present.

86 KAHULUI PARK
MAP: H-6 GPS: 20.8783, -156.4715
7.1 acres *Hina Avenue, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Kahului-Park-99
• Restrooms • Water • Picnic Tables • Basketball Court • Athletic Fields

HAWAII STATE AND MAUI COUNTY PARKS RULES

1. Do not damage or remove any plants.
2. Do not molest, injure, or disturb any animal, bird, or its habitat.
3. Do not damage, deface or remove any object of antiquity, monuments, or geological features.
4. Deposit rubbish in rubbish cans or take it out with you.
5. Fires are prohibited except in fireplaces provided. Portable stoves or warming devices may be used in designated camping and picnic areas.
6. Pets must be leashed. 7. Alcoholic beverages are prohibited.
8. Soliciting, selling, peddling, advertising are prohibited without a permit.
9. No equipment driven by a portable engine motor is allowed.
10. To camp in a State park, obtain permit from Division of State Parks, 808-984-8109.
11. To camp in a County park, obtain a permit from a Maui Department of Parks and Recreation Office: Wailuku (808) 270-7389; Makawao (808) 572-8122; Hana (808) 248-7022; South Maui (808) 879-4364; West Maui (808) 661-4685

87 KEOPUOLANI REGIONAL PARK (CENTRAL MAUI COUNTY PARKS CONTINUED)
MAP: H-5 GPS: 20.8963, -156.483
85 acres *700 Halia Nakoa St, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Keopuolani-Regional-Park-318
Amphitheater • Restrooms • Water • Picnic Tables • Athletic Fields • Perimeter Walk/Jog path • Some ADA features present.

88 KEPANIWAI PARK
MAP: F-6 GPS: 20.8829, -156.5344
7.6 acres *870 Iao Valley Road, Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Kepaniwai-Park-103
• Restrooms • Picnic Tables • Walk/Jog path • Some ADA features present.

89 LEISURE ESTATES PARK
MAP: G-4 GPS: 20.9226, -156.4938
4 acres *Lower Waiehu Rd., Waiehu*
www.mauicounty.gov/Facilities/Facility/Details/Leisure-Estates-Park-105
• Restrooms • Athletic Fields

90 LIHIKAI PARK
MAP: H-6 GPS: 20.8817, -156.4826
1.4 acres *Corner of Maalo St and S. Papa, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Lihikai-Park-106
• Restrooms • Water • Basketball Court • Athletic Fields

91 MAUI BOTANICAL GARDENS
MAP: H-5 GPS: 20.8928, -156.486
3.5 acres *150 Kanoloa Ave., Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Maui-Botanical-Gardens-114
• Restrooms • Water • Picnic Tables • Some ADA features present.

93 MAUI LANI REGIONAL PARK
MAP: H-6 GPS: 20.869, -156.4891
Acreage: 14.44 *Maui Lani Parkway*
Restroom, open space

96 CMRSC (CENTRAL MAUI REGIONAL SPORTS COMPLEX)
MAP: H-7 GPS: 20.8617, -156.485
Acreage: 65.378 *4655 S Kamehameha Ave*
New sports complex has open space, 4 softball fields,4 baseball fields, 3 soccer fields, restrooms, concessions. Great sports complex.

92 LUANA GARDENS PARK
MAP: H-6 GPS: 20.8736, -156.4762
13 acres *Corner of South Papa Ave and Molokai Hema, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Maui-High-School-Park-134
• Restrooms • Water

94 PAPOHAKU PARK
MAP: H-5 GPS: 20.8994, -156.4912
4.7 acres *Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Papohaku-Park-140
• Restrooms • Water • Basketball Court • Athletic Fields • Some ADA features present.

95 PAUKUKALO PARK
MAP: G-5 GPS: 20.908, -156.4929
4.7 acres *Kaumualii St and Kawananakoa St, Kahului*
www.mauicounty.gov/Facilities/Facility/Details/Paukukalo-Park-141
• Restrooms • Basketball Court • Athletic Fields • Some ADA features present.

98 WAIALE PARK
MAP: G-6 GPS: 20.8737, -156.4992
3 acres *Waiale Rd. and Waimaluhia Ln., Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Waiale-Park-123
• Restrooms • Water • Picnic Tables • Basketball Court • Athletic Fields
• Some ADA features present.

101 WAIKAPU COMMUNITY PARK (CENTRAL MAUI COUNTY PARKS CONTINUED)
MAP: G-7 GPS: 20.8545, -156.5032
2.4 acres *22 E. Waiko Road, Waikapu*
www.mauicounty.gov/Facilities/Facility/Details/Waikapu-Community-Center-Park-183
• Restrooms • Water • Picnic Tables • Basketball Court • Athletic Fields • ADA features present.

102 WAILUKU ELEMENTARY SCHOOL PARK
MAP: G-6 GPS: 20.8821, -156.5069
3.9 acres *Malako and Koeli Streets, Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Wailuku-Elementary-School-Park-185
• Restrooms • Water • Picnic • Basketball Court • Athletic Fields • Some ADA features present.

103 WAILUKU HEIGHTS PARK
MAP: G-6 GPS: 20.8648, -156.5152
1.4 acres *655 Alu Rd., Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Wailuku-Heights-Park-109
Small Green Space • Water • Picnic Tables

104 WAR MEMORIAL COMPLEX
MAP: H-5 GPS: 20.8926, -156.4882
51 acres *700 Halia Nakoa St, Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/War-Memorial-Complex-145
War Memorial Stadium Complex is the largest sports and recreation facility in the Maui Parks system. Features include: A 20,000 seat stadium Home of the Hula Bowl A multipurpose gymnasium An open air competition pool A variety of recreational athletic fields • Restrooms • Water • Tennis • Athletic Fields • Some ADA features present.

105 WELLS COMMUNITY COMPLEX
MAP: G-6 GPS: 20.8867, -156.5004
6.6 acres *Wells Street and South Market St Wailuku*
www.mauicounty.gov/Facilities/Facility/Details/Wells-Community-Complex-158
Restrooms • Water • Picnic Tables • Tennis • Basketball Court • Athletic Fields • Swimming at your own risk! • Some ADA features present.

SOUTH MAUI COUNTY PARKS

108 CHARLEY YOUNG PARK (BEACH)
MAP: I-11 GPS: 20.725, -156.449
5.2. acres *2200 South Kihei Road , Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Charley-Young-Park-191
Swimming • Some ADA features present.

109 COVE PARK (BEACH)
MAP: I-11 GPS: 20.7275, -156.45
0.5 acres *2120 Iliili Road, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Cove-Park-196
Swimming • Surfing • Restrooms • Water • Picnic Tables • Some ADA features present.

110 HAYCRAFT PARK (BEACH)
MAP: G-9 GPS: 20.7967, -156.5038
6.5 acres *399 Hauoli Street Maalaea, Maui, HI 96793*
www.mauicounty.gov/Facilities/Facility/Details/Haycraft-Park-199
Swimming • Picnic Tables • Some ADA features present.

111 KALAMA PARK (BEACH)
MAP: I-11 GPS: 20.7326, -156.4537
36 acres *1900 South Kihei Road , Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kalama-Park-207
Kalama Park is a spacious park complex suitable for organized sports, outdoor concerts, fairs, festivals and gatherings of all kinds. Beach access, inline skating rink, performance gazebo, scenic landscaping, skateboard park, multipurpose field, playground, areas for recreation • Restrooms • Water • Picnic • Tennis • Basketball • Athletic Fields • Perimeter Path • Some ADA features present.

112 KALEPOLEPO PARK (BEACH)
MAP: I-10 GPS: 20.7648, -156.459
1.5 acres *S Kihei Rd and Kaonoulu St, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kalepolepo-Park-201
• Restrooms • Water • Picnic Tables • Swimming

75 76 77 KAMAOLE BEACH PARKS I, II & III *
MAP: I-11 GPS: 20.722, -156.448
2400 South Kihei Road, Kihei
** See 3 park's details under "Lifeguard Protected Beach Parks"*

113 KEAWAKAPU BEACH PARK (BEACH)
MAP: I-12 GPS: 20.6957, -156.4445
.5 acres *Intersection of South Kihei Rd and Kilohana Dr, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Keawakapu-I-Beach-Park-385
• Swimming • Water • Some ADA features present.

114 WAIPUILANI PARK (BEACH)
MAP: I-10 GPS: 20.7553, -156.459
20.22 acres *Waipuilani Rd., Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kihei-Beach-Reserve-Waipuilani-Park-156
• Restrooms • Tennis • Athletic Fields • Some ADA features present.

115 PALAUEA BEACH
MAP: I-13 GPS: 20.6704, -156.4427
.25 acres
www.mauicounty.gov/Facilities/Facility/Details/Palauea-Beach-391
• Restrooms • Swimming

116 POLO BEACH PARK
MAP: I-13 GPS: 20.6752, -156.4433
.5 acres *4100 Wailea Alanui Dr Wailea*
www.mauicounty.gov/Facilities/Facility/Details/Polo-Beach-390
• Restrooms • Water • Picnic Tables • ADA features present • Access Wailea Beachwalk

117 POOLENALENA PARK (BEACH)
MAP: I-13 GPS: 20.6646, -156.4415
7.4 acres *Makena Alanui Rd.*
www.mauicounty.gov/Facilities/Facility/Details/Poolenalena-Park-Changs-Beach-164
• Restrooms • Swimming

118 ULUA BEACH
MAP: I-12 GPS: 20.6908, -156.4436
.5 acres *Halealii Place, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Ulua-Mokapu-Beach-388
Near the Shops at Wailea, Swimming • Restrooms • Water • Access Wailea Beachwalk • ADA features present.

119 WAILEA BEACH
MAP: I-13 GPS: 20.6817, -156.443
.5 acres *Between Grand Wailea & Four Seasons Hotels, Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Wailea-Beach-389
• Restrooms • Water • ADA.• Swimming • Access Wailea Beachwalk

120 HALE PIILANI PARK
MAP: I-9 GPS: 20.7812, -156.447
2.0 acres *Kaihoi St and Kaiolohia St , Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Hale-Piilani-Park-230
Baseball / Softball Fields • Basketball Courts • Playground • Soccer Field

121 KENOLIO RECREATION COMPLEX
MAP: I-9 GPS: 20.781, -156.4617
7.2 acres *131 S. Kihei Rd., Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kenolio-Recreation-Complex-110
• Restrooms • Water • Basketball Court • Athletic Fields • Some ADA features present.

122 KEONEKAI PARK
MAP: I-12 GPS: 20.7135, -156.4406
2.38 acres
www.mauicounty.gov/Facilities/Facility/Details/Keonekai-Park-127
• Water • Picnic Tables • Athletic Fields

124 KILOHANA PARK (SOUTH MAUI COUNTY PARKS CONTINUED)
MAP: I-12 GPS: 20.7049, -156.438
1.5 acres *Kilohana St Kihei*
www.mauicounty.gov/Facilities/Facility/Details/Kilohana-Park-159
• Restrooms • Water • Picnic Tables • Athletic Fields

125 MAIPOINA OE LAU BEACH PARK
MAP: I-9 GPS: 20.774, -156.4605
5.3 acres *Mile 5, S. Kihei Rd.*
www.mauicounty.gov/Facilities/Facility/Details/Mai-Poina-Park-Maipoina-OE-IAU-Beach-Par-161
• Restrooms • Water • Picnic Tables

126 PIIKEA PARK
MAP: I-10 GPS: 20.7536, -156.4497
2 acres *1449 Liloa Dr*
www.mauicounty.gov/Facilities/Facility/Details/Piikea-Park-162
• Athletic Fields

127 SOUTH MAUI COMMUNITY PARK
MAP: I-10 GPS: 20.7446, -156.4482
19.6 acres *1501 Liloa Dr., Kihei*
www.mauicounty.gov/Facilities/Facility/Details/South-Maui-Community-Park-394
• Restrooms • Picnic Tables • Athletic Fields • Some ADA features present.

WEST MAUI COUNTY PARKS

130 HONOKOWAI BEACH PARK
MAP: A-3 GPS: 20.9546, -156.6865
4.6 acres *Lower Honoapiilani Highway, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Honokowai-Beach-Park-107
• Restrooms • Water • Picnic Tables • Walk/Jog path • Swimming at your own risk!
• Some ADA features present.

**See following 2 park's details under "Lifeguard Protected Beach Parks"*

71 D.T. FLEMING PARK *
MAP: B-2 GPS: 21.0039, -156.6513
3.4 acres *Lower Honoapiilani Rd at Honoapiilani Hwy, Napili*

73 HANAKAOO PARK *
MAP: A-5 GPS: 20.9074, -156.6877
4.8 acres *Honoapiilani Highway, Lahaina*

131 KAMEHAMEHA IKI PARK (BEACH)
MAP: B-6 GPS: 20.8687, -156.6762
1.8 acres *500 Front St, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Kamehameha-Iki-116
Grassy lawn • Restrooms • Water • Swimming at your own risk!

132 LAUNIUPOKO BEACH PARK (BEACH)
MAP: B-7 GPS: 20.8432, -156.6531
6.7 acres *Mile 18, Kai Heleku at Honoapiilani Highways, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Launiupoko-Beach-Park-128
• Restrooms • Water • Picnic Tables • Surfing • Windsurfing • Swimming at your own risk!

133 PAPALAUA WAYSIDE PARK (BEACH)
MAP: E-9 GPS: 20.7941, -156.578
6.7 acres *Mile 11/12, Honoapiilani Highway*
www.mauicounty.gov/Facilities/Facility/Details/Papalaua-Wayside-Park-146
• Restrooms • Camping • Surfing • Swimming at your own risk!

134 POHAKU PARK (BEACH)
MAP: A-3 GPS: 20.9678, -156.6812
1 acres *Lower Honopiilani Road, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Pohaku-Park-113
Also known as "S-Turns" • Restrooms • Water • Surfing • Swimming at your own risk!

135 PUAMANA PARK (BEACH)
MAP: B-7 GPS: 20.8558, -156.6643
1.4 acres *Lower Honoapiilani Road, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Puamana-Park-118
• Restrooms • Water • Picnic Tables • Surfing • Swimming at your own risk!

136 UKUMEHAME BEACH PARK (BEACH)
MAP: E-9 GPS: 20.7959, -156.5852
3.5 acres *Lower Honoapiilani Highway*
www.mauicounty.gov/Facilities/Facility/Details/Ukumehame-Beach-Park-119
Also known as "Thousand Peaks" • Restrooms • Water • Picnic Tables • Surfing
• Swimming at your own risk!

137 WAHIKULI WAYSIDE PARK (BEACH)
MAP: A-5 GPS: 20.9008, -156.6849
8.3 acres *Kaniau Road and Honoapiilani Highway, Kaanapali*
www.mauicounty.gov/Facilities/Facility/Details/Wahikuli-Wayside-Park-121
• Restrooms • Water • Picnic Tables • Walk/Jog path • Swimming at your own risk!
• Some ADA features present.

138 LAHAINA CIVIC CENTER
MAP: A-5 GPS: 20.9049, -156.6839
acres *1840 Honoapiilani Hwy, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Lahaina-Civic-Center-209
A multipurpose sports & recreation facility and is a prime event location, offering a diverse facility near the resort areas. • Restrooms • Water • Tennis • Basketball Court • ADA features present.

139 MALU ULU OLELE PARK
MAP: B-6 GPS: 20.8693, -156.6743
4.7 acres *Front St, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Malu-Ulu-Olele-Park-132
• Restrooms • Water • Tennis • Basketball Court

140 LAHAINA BANYAN COURT
MAP: B-6 GPS: 20.8732, -156.6759
1.94 acres *1840 Honoapiilani Hwy, Lahaina*
www.mauicounty.gov/Facilities/Facility/Details/Lahaina-Banyan-Court-125
The home of the oldest living Banyan Tree on Maui and is over 150 years old. Lahaina was once the capital of Hawaii before Honolulu. The old Lahaina Courthouse now houses the Lahaina Arts Council and the Lahaina Historic Society at the park. Many activities take place at this historical site throughout the year. • Restrooms • Water •

141 NAPILI PARK
MAP: B-2 GPS: 20.9872, -156.6606
8.4 acres *Honoapiilani Hwy at Maiha St, Napili*
www.mauicounty.gov/Facilities/Facility/Details/Napili-Park-139
• Restrooms • Water • Picnic Tables • Tennis • Basketball Court • Athletic Fields • Walk/Jog path
• Some ADA features present.

HANA AREA COUNTY PARKS

144 HANA BAY BEACH PARK
MAP: X-10 GPS: 20.7552, -155.9832
0.5 acres *150 Keawa Pl, Hana*
www.mauicounty.gov/Facilities/Facility/Details/Hana-Bay-Beach-Park-150
• Restrooms • Water • Picnic Tables • Swimming at your own risk! • Some ADA features present.

145 HANA BALL PARK
MAP: X-10 GPS: 20.7527, -155.985
4.054 acres *Hauoli Rd, Hana*

146 HANA COMMUNITY CENTER
MAP: X-10 GPS: 20.753, -155.98
5091 Uakea Rd, Hana
www.mauicounty.gov/Facilities/Facility/Details/Hana-Community-Center-and-District-Compl-154
District Complex and Ball Parks • Restrooms • Tennis • Athletic Fields
• Some ADA features present.

147 HONOMANU PARK (HANA AREA COUNTY PARKS CONTINUED)
MAP: R-6 GPS: 20.861972, -156.167384
9.6 acres *Mile 14 Hana Hwy, Hana*
www.mauicounty.gov/Facilities/Facility/Details/Honomanu-Park-144
• Surfing • Swimming at your own risk!

148 KEANAE PARK
MAP: S-6 GPS: 20.863, -156.1445
4.1 acres *Mile 16 Hana Highway, Keanae*
www.mauicounty.gov/Facilities/Facility/Details/Keanae-Park-147
Softball field with partial fencing • Restrooms • Water • Athletic Fields • Some ADA features.

149 KIPAHULU POINT LIGHT STATION
MAP: V-13 GPS: 20.6506, -156.0539
1.1 acres *Mile 44 Hana Highway, Kipahulu*
www.mauicounty.gov/Facilities/Facility/Details/Kipahulu-Point-Light-Station-178
Gravesite of Charles Lindbergh. • Picnic Tables

150 PAANIMAI PARK
MAP: X-10 GPS: 20.759, -155.9907
1.1 acres *Mile 36 Hana Highway*
www.mauicounty.gov/Facilities/Facility/Details/Paanimai-Park-181
• Restrooms • Picnic Tables • Some ADA features present.

UPCOUNTRY MAUI COUNTY PARKS

151 EDDIE TAM MEMORIAL CENTER
MAP: M-7 GPS: 20.8507, -156.3169
12.6 acres *931 Makawao Avenue, Makawao*
www.mauicounty.gov/Facilities/Facility/Details/Eddie-Tam-Memorial-Center-163
This is the site of many local sporting events, features one of the best-equipped gymnasium facilities on island. The surrounding park is spacious and accessible, within walking distance to Makawao Town • Restrooms • Water • Picnic Tables • Tennis • Basketball Court • Athletic Fields • Some ADA features present.

153 HAROLD RICE PARK
MAP: M-10 GPS: 20.742, -156.3323
3.8 acres *Lower Kula Road, Kula*
www.mauicounty.gov/Facilities/Facility/Details/Harold-Rice-Park-168
• Restrooms • Water • Picnic Tables

154 KEOKEA PARK
MAP: L-12 GPS: 20.7058, -156.3541
6.7 acres *218 Lower Kula Rd., Kula*
www.mauicounty.gov/Facilities/Facility/Details/Keokea-Park-108
• Restrooms • Water • Picnic Tables • Athletic Fields • Some ADA features present.

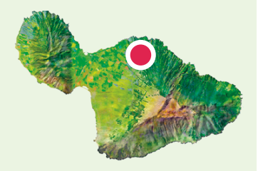
155 KULA BALL FIELD
MAP: M-10 GPS: 20.7507, -156.3308
10.3 acres *Calasa and Kula hwy, Kula*
www.mauicounty.gov/Facilities/Facility/Details/New-Kula-Ball-Field-126
• Restrooms • Water • Picnic Tables • Athletic Fields

156 KULA COMMUNITY CENTER
MAP: M-10 GPS: 20.7626, -156.3263
7 acres *E. Lower Kula Rd., Kula*
www.mauicounty.gov/Facilities/Facility/Details/Kula-Community-Center-and-Tennis-Courts-112
• Restrooms • Water • Tennis • Some ADA features present.

157 MAYOR HANNIBAL TAVARES COMMUNITY CENTER
MAP: L-7 GPS: 20.838, -156.344
20 acres *91 Pukalani St, Pukalani*
www.mauicounty.gov/Facilities/Facility/Details/Mayor-Hannibal-Tavares-Community-Center--124
Aquatic Center • Restrooms • Water • Tennis • Basketball Court • Athletic Fields • Baseball • Perimeter Walk/Jog Path (.5 miles) • Some ADA features present.

158 SUN YET SEN PARK
MAP: K-12 GPS: 20.6876, -156.3826
1 acre *Kamaole Rd. and Kula Hwy Mi. 9, Ulupalakua Rd, Kula*
www.mauicounty.gov/Facilities/Facility/Details/Sun-Yet-Sen-Park-173
Sculptures, meditation park with grassy walkways • Water • Picnic Tables

EAST MAUI COUNTY PARKS



160 LOWER PAIA PARK (BEACH)
MAP: K-5 GPS: 20.9159, -156.3829
1.5 acres *Hana Highway, Paia*
www.mauicounty.gov/Facilities/Facility/Details/Lower-Paia-Park-115
• Restrooms • Water • Surfing • Basketball Court

161 HAIKU PARK AND COMMUNITY CENTER
MAP: M-4 GPS: 20.9293, -156.3211
5 acres *Hana Highway at Pilialoha St, Haiku*
www.mauicounty.gov/Facilities/Facility/Details/Haiku-Park-and-Community-Center-166
• Restrooms • Water • Basketball Court • Athletic Fields • Some ADA features present.

162 4TH MARINE DIVISION MEMORIAL PARK
MAP: M-5 GPS: 20.8906, -156.3164
40.6 acres*Mile 2, Kokomo Road, Haiku*
www.mauicounty.gov/Facilities/Facility/Details/4th-Marine-Division-Memorial-Park-160
• Restrooms • Picnic Tables • Athletic Fields

163 RAINBOW PARK
MAP: L-5 GPS: 20.8898, -156.3478
2.6 acres *Baldwin Ave. Paia*
www.mauicounty.gov/Facilities/Facility/Details/Rainbow-Park-138
• Picnic Tables

**See following 2 park's details under "Lifeguard protected Beach Parks"*

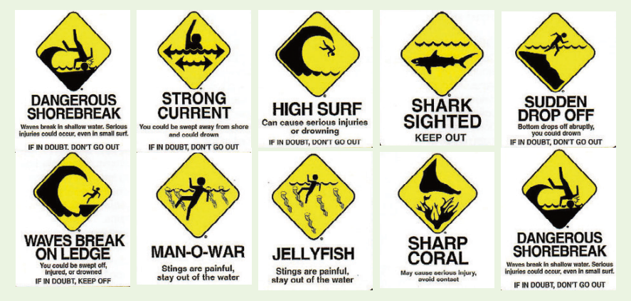
72 H.A. BALDWIN PARK *
MAP: K-5 GPS: 20.9146, -156.3929
22.9 acres (pavilion, oceanside & Montana beach)
48.124 acres, (including Bike Trail parcel)
Alawi Rd. Hana Highway, Paia

74 HOOKIPA BEACH PARK *
MAP: L-4 GPS: 20.9339, -156.3565
8.4 acres *Mile #9, Hana Highway, Kuau*

- Swimming
- Jogging/Running
- Hiking
- Walking
- Road Bikes
- Mountain Bikes
- Equestrian
- Basketball
- Windsurfing
- Surfing
- Tennis
- ADA Access

WARNING SIGNS

(please pay special attention to these signs where they are posted)



SAFETY TIPS

You're visiting some of the most beautiful and pristine islands in the world. The allure of our islands, and the friendly aloha of our people will embrace you and create memories to last a lifetime. But just as you would at home, or when visiting any other destination, we encourage you to be mindful of your surroundings and situations so that your visit is positive and memorable.

GENERAL SAFETY TIPS

- Do not dive into waterfalls or unknown pools of water. Rocks are often difficult to see.
- Drink plenty of water when hiking or spending a lot of time outdoors. The altitude of some hikes and the intense tropical sun can be dangerous.
- Island rainstorms can occur quickly and unexpectedly, and even brief downpours can cause flash floods. If the water level suddenly rises in a river, drainage canal or other waterway, immediately head for higher ground.
- Seat belts are required for all drivers and passengers. Car seats are required for children under four years of age and booster seats for children under eight years of age.
- Use caution when driving on one-way bridges. Courtesy is to alternate every 4 to 5 cars.
- Use sun block when outdoors as the sun's rays are harsher in the tropics.
- Please use eco-friendly sunscreen to protect our reefs.
- It is illegal to text or talk on your cell phone while driving.

PROTECT YOUR VALUABLES

- Do not leave valuables in your vehicle (this includes the trunk).
- Do not leave valuables unattended at the beach or pool, including car keys.
- Avoid leaving itineraries exposed in your vehicle or hotel room.
- Do not display parking passes unless necessary.
- Carry cash separately from your credit cards.
- Keep a list of credit card account numbers stored separately from the actual cards.
- Store valuables in your hotel's safe deposit boxes, either in your room or at the front desk.
- If you do not wish to utilize safe deposit boxes, please place all valuables out-of-view when leaving your room or retiring for the evening.
- Close and lock all doors when you leave your room. This should also be done when retiring for the evening. Screen doors can be easily cut and glass sliding doors are often an easy point of entry.

OUTDOOR SAFETY INFORMATION

- Sun exposure: Use sunscreen daily of SPF 15 or higher. Wear wide-brimmed hat and cool, loose-fitting clothing with long sleeves. Avoid sun from 10:00 a.m. to 2:00 p.m.
- Heat exhaustion: During hot or muggy days, avoid exposure to heat. Drink plenty of water.
- Freshwater swimming and drinking water resources: Avoid entering streams & ponds when you have open cuts or skin abrasions. Do not drink the water without first purifying by boiling or with tablets. Harmful bacteria, such as leptospirosis, can be contracted by drinking or by contact with scratches or cuts in the skin. Leptospirosis, found in freshwater streams and ponds, produces strong flu-like symptoms and in a few cases has proven fatal.
- Mountain climbing: Don't do it. Hawaii's mountains are not meant for roping or climbing. They appear solid, but volcanic rocks are often decomposed, porous and crumbly.
- Poisonous plants: There are dangerously poisonous plants in Hawaii. Never experiment with unfamiliar plants, particularly those with milky sap - a taste can be fatal.
- Fires: Be careful with smoking and other fires. Fire danger is easily recognized in the south and wind-protected parts of the island during dry periods. Be aware that tropical and rainforest vegetation, found on the windy side of the island, will burn under moisture stress conditions, even if they appear to be vibrant and green.
- Dangerous animals: Beware of poisonous black widow spider—shiny black, penny sized spider with red-orange hourglass-shaped marking on underside. Its distinctive web is strong, irregular tangle built below knee level.
- Rock slides: Steep valley walls, especially waterfalls, and sea cliffs are subject to rock slides and rock falls. Avoid bases of steep cliffs and waterfalls.
- Flash floods: Gentle streams can quickly become rushing torrents, especially in narrow canyons and mountainous areas. Stay away from stream beds and other flood-prone areas during flash flood watch or warning. Signs of flash flooding: increase in speed of stream flow, rapid rise in stream level, distant rumbling upstream and strong smell of fresh earth. Be prepared to move immediately to safety on high ground. Never attempt to cross stream on foot when water level is above your knees.
- Tsunami (tidal wave): Tsunamis are a recurring hazard to our beaches and low-lying coastal areas. During tsunami warning, follow instructions of Emergency Broadcast System, police and fire department units, and Civil Air Patrol aircraft. Any violent earthquake is a natural tsunami warning. Immediately evacuate to a distance beyond the potential tsunami inundation area; do not wait for instructions! Stay out of threatened areas until an official "all clear" signal is issued.
- Sirens: The State Emergency Siren System is tested every month on the first working day of the week, always at 11:45 a.m. for one minute. If longer, please turn on your radio station for special announcemnets.
- Both the summit and Kipahulu districts of Haleakala are remote. Emergency assistance can take at least 45 minutes to arrive.

BEACH SAFETY TIPS

- Swim at beaches with lifeguards.
- Before entering the water, check with lifeguards for information on ocean conditions.
- Never swim alone; use a buddy system.
- Look for & observe any warning signs. A red flag means it is unsafe to enter the water.
- Don't fight if you're caught in a current.
  - Stay calm and wave for help – panic will only tire you.
  - Swim across or perpendicular to the current.
  - Wait for the current to release you – it will.
  - Swim parallel to shore and then make your way in.
- Never turn your back on the ocean.
- Be careful when standing near the shoreline or on rocks near breaking surf – waves can wash you into the ocean.
- If you see someone in trouble, alert a lifeguard or call 911. Unless you are an excellent swimmer, don't go into the ocean to assist the victim.
- Before going to the beach, check out the conditions at hawaiibeachsafety.org

WATER SAFETY

- Always check weather and surf reports for ocean activities; consult lifeguards.
- Bodysurfing: One of the most dangerous ocean sports, bodysurfing requires special skills and good physical condition. To avoid injury, seek competent instruction, familiarize yourself with surf conditions and know your limits.
- Snorkeling: Snorkeling requires special skills and good physical condition, know your limits and never snorkel alone. Familiarize yourself with the snorkeling equipment, area and water conditions. Watch out for boats, floating devices, swimmers and other snorkelers.
- Dangerous shoreline conditions: Natural hazards along some rocky shorelines include sea cliffs with vertical drops, exposure to large breaking waves, wet surfaces made slippery by algae, unstable footing on boulders and cobbles, large wave-eroded holes and sharp-edged coral heads. Keep a safe distance away from wave-dampened rock surfaces. Never turn your back on the waves. Always check the surf, tidal and weather conditions.
- Dangerous marine life: Some marine animals are dangerous if provoked, mishandled or eaten. Avoid contact with unfamiliar marine animals. Don't provoke attack by getting too close or making erratic movements. Don't probe into or use dark crevices and holes as hand- or footholds. During a strong onshore winds, look out for the Portuguese man-of war, a bluish-purple bubble. This floating creature measures up to six inches long and has many stinging tentacles. Don't touch it.

TRAILS

NA ALA HELE TRAILS & ACCESS PROGRAM

https://hawaiitrails.hawaii.gov/trails/#/

Na Ala Hele engages in providing and enhancing recreational, cultural, religious and subsistence opportunities while protecting Hawaii's cultural heritage and natural environment. Cultural heritage, environmental conservation and outdoor recreation come together in the Na Ala Hele ("Trails To Go On") Trails and Access Program.

Ancient Hawaiians used trails for travel, trade and communication. Historic sites such as fishponds, places of worship and petroglyphs mark the ways. For years trail conservation was achieved through community-based support. In 1988 the State Legislature officially established the Na Ala Hele program. Trails are built and maintained by the Na Ala Hele Program, part of DLNR's Division of Forestry and Wildlife.

For information, contact: Na Ala Hele, 685 Old Haleakala Highway, Kahului, HI. 96732; phone (808) 984-8100

Descriptions for route, history, plants and birds by Stuart Ball, author of The Hikers Guide to Oahu and other hiking books.

1 LAHAINA PALI TRAIL
MAP: G-8 GPS: 20.8166, -156.5079
4.8 mi. one-way Elev: 100' - 1600'
www.hawaiitrails.hawaii.gov/trails/#trail/lahaina-pali-trail/113
Two trailheads: Both trail heads are accessible from Honoapiilani Highway (30). The eastern trail head lies 2.5 miles south of Wailuku Town via an unimproved road past the junction of Honoapiilani Highway (30) and Kihei Road (31).
The western trail head lies 10 miles south of Lahaina and 3 miles west of Maalaea Harbor. The parking area is accessible from Highway 30 about one-quarter mile north of the Pali Tunnel at Manawaipueo Gulch.
The trail runs from a point near Maalaea Harbor with refreshment stands and restrooms. The trail offers excellent scenic vistas of Kahoolawe and Lanai islands. Whales can be observed during the winter months. Scrub vegetation at the lower elevations gives way to endemic dry-land plants as the trail climbs. The Old Lahaina Trail is part of the historic around-the-island trail system on Maui.

2 WAIHOU SPRING TRAIL
MAP: N-8 GPS: 20.8044, -156.2815
1.1 mi. one-way Elev: 3320' - 3820'
https://hawaiitrails.hawaii.gov/trails/#/trail/waihou-spring-trail/115
The trail head is at the Waihou Spring State Forest Reserve Gate, about one-quarter mile above the Olinda Endangered Species Propagation Facility on Olinda Road. Parking is available on Olinda Road outside of the Forest Reserve gate. Trail follows the Waihou Spring State Forest Reserve tree plantation road. After making a loop around the upper section, the trail follows a ridgeline to an overlook and returns the same route. Loblolly pine, slash pine and eucalyptus trees can be seen, as well as the native tree species alaa, halapepe, and koa. The trail ends on a ridge top offering scattered views of the Central Valley. Parts of Trail to Spring may be temporarily closed!

The marked features on trails are managed for public recreational use.

Other trails or roads that branch off from the public features may be on private property, and are not managed for any public recreational use.

3 WAIHEE RIDGE TRAIL
MAP: F-3 GPS: 20.9522, -156.5327
2.2 mi. one-way Elev: 1120' - 2563'
https://hawaiitrails.hawaii.gov/trails/#/trail/waihee-ridge-trail/111
Starts 0.9 miles on Maluhia Road. Follow right of-way markers through pasture before entering forest. The trail climbs the windward slope of West Maui through a brushy guava thicket, a young stand of planted trees, and wet native scrub forest. Views of Waihee Valley and Makamakaole Gulch can be seen along the way. On the peak, at 2,563 feet, are panoramic views of Wailuku and central Maui, the Kahakuloa slopes, and Mount Eke. The weather at the summit varies from clear to overcast with showers. Beginning at 1,000' elevation, trail climbs the windward slope of west Maui through a brushy guava thicket, a young stand of planted trees, and wet native scrub forest. Weather at the summit varies from clear to overcast with showers. Wear bright colored clothing.
The access road gate is opened from 7:00 AM a until 7:00 PM. Please plan your hike accordingly. The gate at the bottom of the road may be closed at any time. If so, park in the gravel area by the gate and walk up 0.9 miles to the trail head. The road is steep with poor lines of sight so be sure to keep to the side to avoid oncoming traffic. No drinking water is available along the trail. Camping is not permitted.

4 HOAPILI TRAIL
MAP: J-16 GPS: 20.5892, -156.4099
5 mi. round-trip Elev: 20' - 50'
https://hawaiitrails.hawaii.gov/trails/#/trail/hoapili-trail/157
Take Kihei Road (31) going south to La Perouse Bay. Route: Trail follows the coastline through barren, jagged lava flows. The climate is exceedingly dry and the trail nearly devoid of vegetation. Smooth stepping stones are laid out to form a path through the lava flows, originally placed there so kings and their retinues could travel easily around the island. Initially passing through kiawe trees along the beach, the trail turns inland and climbs onto a rough lava field. (Just past the beach, a 0.75-mile spur trail leads down to the tip of Cape Hanamanioa.) The trail then rejoins the coast at the beginning of Kanaio Beach. This area is the site of many old Hawaiian stone walls and house foundations.
One mile later the trail again turns inland, traversing another recent lava flow about 2.5 miles wide. The trail ends after crossing the point to a last small portion of the older lava flow along-the coast. Hiking boots are a must. Do not disturb any rocks or archeological formations.

5 WAIKAMOI RIDGE TRAIL
MAP: Q-6 GPS: 20.8752, -156.1869
.8 mi. one-way Elev: 650' - 850'
https://hawaiitrails.hawaii.gov/trails/#/trail/waikamoi-ridge/153
Hana Highway (360) 3.5 miles past Kailua Village going toward Keanae. There is a parking area with picnic shelters above the road.
This is a short nature trail that climbs a forested slope to a picnic site. The trail starts at a picnic shelter and climbs through lush forest of planted trees and a grove of bamboo. At the top the trail breaks out of the trees into a grassy clearing with another shelter and picnic site. The trail is often muddy – hiking boots are necessary.
No water or toilets. Camping is not permitted. Picnic Tables

7 OHAI LOOP/OVERLOOK TRAIL
MAP: E-1 GPS: 21.016, -156.5765
1.2 mi. round-trip Elev: 140' - 340'
https://hawaiitrails.hawaii.gov/trails/#/trail/ohai-loop-trail-and-overlook/127
The overlook is ADA accessible and has views of Maui's North Shore and the East end of Molokai. The interpretive loop trail is a moderate hike. Rolling hills Dangerous cliff.

Be aware that you may encounter hunters who are hunting off the trail. Stay on trail.

Do not use any trail or access road that is not delineated by name and color and that may also be displayed on the map.

10 KE ALA LOA O MAUI/PIILANI TRAIL
MAP: W-9 GPS: 20.7871, -156.0021
3 mile(s one way Elev: 20' - 220'
https://hawaiitrails.hawaii.gov/trails/#/trail/ke-ala-loa-o-mauipiilani-trail/125
(Hana-Waianapanapa Coastal Trail) Rugged coastal trail with barren lava, offering spectacular views of the Hana Coast and Slopes of Haleakala.
Trail follows coastline along the Hawaiian "King's Highway," which is still recognizable at some points by the smooth stepping stones set in the rough lava. Vegetation is primarily hala (pandanus) trees and beach naupaka. A sweeping view of Hana State Forest Reserve with its densely vegetated cinder cones is visible looking inland. The trail reaches Waianapanapa State Park about 2 miles down the coast. The trail then continues around Pukaulua Point nearly to Hana Airport. A breeze usually blows in off the ocean with frequent showers. The trail is in fair shape but rough, and hiking boots are recommended. About halfway between Waianapanapa and Hana there is a heiau (Hawaiian temple site) in a clearing. Do not disturb any rocks or archeological formations.
• Restrooms • Picnic Tables at State Park.

8 KEANAE ARBORETUM WALK
MAP: S-6 GPS: 20.8571, -156.1491
.6 mi. round-trip Elev: 120' - 160'
https://hawaiitrails.hawaii.gov/trails/#/trail/keanae-arboretum-walk/155
The Keanae Arboretum is located in a tropical forest setting near the Hana Highway on windward East Maui. It lies alongside the Piinaau Stream on leveled terraces built hundreds of years ago by Hawaiians for taro cultivation. The arboretum is accessed via a 1/8 mile paved walkway from the highway and features timber, fruiting and ornamental trees from the tropics worldwide. An upper section features plants cultivated by the Hawaiians for food and other uses. Keanae Arboretum has no facilities or amenities associated with it and no guided walks or brochures are provided. Trees are identified as to common name, scientific name and country of origin. The focus of the arboretum is to display and identify tropical trees in a natural setting. The climate is warm and humid with frequent showers.Relatively flat asphalt walkway. Take Highway 360 to 0.7 mile past the 16 mile marker. Parking is on the side of the road near the Arboretum sign.

KULA & KAHIKINUI FOREST RESERVE TRAILS

(SEE DETAILED INSET AREA ON REVERSE SIDE)

The following trails lie within Hunting Unit C and Hunting Unit E. For information on hunting seasons, please contact the Division of Forestry and Wildlife, 1955 So. High St Room 301, Wailuku HI 96793; phone (808) 984-8100. This trail system includes all Na Ala Hele trails listed below.From Kahului take Highway 37 past Pukalani to the second junction of Highway 377. Turn left on 377 for about 0.3 mile, then right on Waipoli Road. Waipoli Road climbs up the mountain through a long series of switch backs until it enters the forest at 6,400 feet elevation.
• Watch out for hunters!

16 WAIAKOA LOOP TRAIL
MAP: N-11 GPS: 20.7178, -156.3003
3 mi. round-trip (if starting at trailhead)
5.5 mi. round-trip (if starting at the check station)
Elev: 5720' - 6320'
https://hawaiitrails.hawaii.gov/trails/#/trail/waiakoa-loop-trail/139
Trail begins at the game check-in station on the Waipoli Access Road near the top of the switch backs. The road travels 0.75 mile on the contour to a gate where the trail starts. The trail travels north on the contour for 1 mile, switch backs down 500 feet, turns back south above the forest boundary and then switch backs up 500 feet to the starting point. The vegetation is mostly native scrub and grass with planted trees in the lower portion. There are excellent views in all directions. Forested slopes; elevated climbs. • Watch out for hunters!

17 UPPER WAIAKOA TRAIL
MAP: N-11 GPS: 20.7284, -156.2879
3.5 mi. one-way Elev: 6280' - 7760'
https://hawaiitrails.hawaii.gov/trails/#/trail/upper-waiakoa-trail/253
Trail begins on the Waiakoa Loop Trail and proceeds up Haleakala through plantings of mixed pine species. It climbs across the mountain side, encountering scrubby vegetation and increasingly rugged terrain where it reaches its highest point at 7,760 feet, affording excellent views of central and west Maui. The trail then meets the Upper Waiohuli Trail. There is no water or other facility along this trail. • Watch out for hunters!

18 UPPER WAIOHULI TRAIL
MAP: M-12 GPS: 20.6918, -156.3155
3.5 mi. one-way Elev: 6420' - 7760'
https://hawaiitrails.hawaii.gov/trails/#/trail/upper-waiohuli-trail/255
Trail begins on the Waipoli Access Road at 6,420 feet elevation and proceeds up Haleakala through plantings of mixed pine species. It passes by a natural cave shelter and climbs across the mountain side, encountering scrubby vegetation and increasingly rugged terrain. It crosses the land of Kaonoulu to the land of Waiakoa, where it reaches its highest point at 7,800 feet, affording excellent views of central and west Maui. The trail meets the Upper Waiakoa Trail and descends via switch backs to join the Waiakoa Loop Trail at 6,280 feet. There is no water or other facility along this trail except for the natural cave shelter. • Watch out for hunters!

19 MAMANE TRAIL
MAP: M-12 GPS: 20.6908, -156.3115
1.8 mi. one-way Elev: 6760' - 7240'
https://hawaiitrails.hawaii.gov/trails/#/trail/mamane-trail/151
The trail is accessible at .7 miles along the upper Waiohuli Trail from the Waipoli Access Road. It passes through mixed native sub-alpine vegetation including groves of Mamane Trees and other native shrubs before climbing into mixed pines of the State Forest Reserve. Use Upper Waiohuli Trail up .7 miles and to the right from the small volcanic cone (cave shelter) and continue upslope. The upper trailhead is located off Skyline Trail at 7,240'.
Stay on trail. Hiking boots are not necessary • Watch out for hunters!

20 LOWER WAIOHULI TRAIL
MAP: M-12 GPS: 20.6915, -156.3161
1.4 mi. one-way Elev: 5540' - 6420'
https://hawaiitrails.hawaii.gov/trails/#/trail/lower-waiohuli-trail/143
Trail begins at Waipoli Access Road at 6,420' elevation and descends the mountain side to join the Boundary Trail at 5,540'. It passes through young pine plantings and open scrub and grasslands in the upper portion and through older stands of ash, redwood, and cedars below. A rustic trail shelter is located at the end of the trail above the forest fence overlooking Keokea and Kihei. Wear bright clothing. Stay on trail. • Watch out for hunters!

21 BOUNDARY TRAIL
MAP: N-12 GPS: 20.7098, -156.3044
4.4 mi. one-way Elev: 5200' - 6440'
https://hawaiitrails.hawaii.gov/trails/#/trail/boundary-trail/117
Trail begins just past the Kula State Forest Reserve boundary cattle guard on Waipoli Access Road, descends via switchbacks to the lower boundary and proceeds southward above the fence line to the ranger's cabin at the junction of the Redwood Trail and the Plum Trail. At the 2.6 mile mark it joins the Lower Waiohuli Trail. Crossing many gulches through native scrub, remnant native tree forest and planted stands of eucalyptus, pines, cedars and other species, the Boundary Trail offers excellent views of Kula and central Maui. Wear bright clothing. Stay on trail.
• Watch out for hunters!

22 REDWOOD TRAIL*
MAP: M-13 GPS: 20.6782, -156.3303
1.7 mi. one-way Elev: 5280' - 6170'
https://hawaiitrails.hawaii.gov/trails/#/trail/redwood-trail/145
Trail starts at Polipoli Springs State Recreation Area at 6,170' elevation, winds through stands of redwood and other conifers, past Tie Trail junction and down to the old ranger's cabin at 5,280'. At the trail's end is the old Civilian Conservation Corps camp and a three-way junction, the beginning point for both the Plum Trail and the Boundary Trail. Several plum and other fruit trees can be found in this old camp area. Wear bright clothing. • Watch out for hunters!

23 HALEAKALA RIDGE TRAIL*
MAP: M-13 GPS: 20.673, -156.3298
1.6 mi. one-way Elev: 5880' - 6560'
https://hawaiitrails.hawaii.gov/trails/#/trail/haleakala-ridge/147
Trail starts above on the Skyline switchback at 6,560' elevation and works down the crest of the southwest rift of Haleakala to the Plum Trail junction at the lower forest reserve boundary at 5,880' elevation. Spectacular views extend in all directions. The trail passes alternatively through rough cinders, native scrub brush, grassy swales and a planted forest of pines, eucalyptus and other tree species. The trail joins the end of the Polipoli Trail leading back to the park 0.3 mile from the top. The trail joins the Plum Trail. Wear bright clothing. Be aware that you may encounter hunters who are hunting off the trail. Stay on trail. Bicycles are not allowed. • Watch out for hunters!

24 POLIPOLI TRAIL*
MAP: M-13 GPS: 20.672, -156.3333
.6 mi. round-trip Elev: 6160' - 6440'
https://hawaiitrails.hawaii.gov/trails/#/trail/polipoli-trail/123
Trail begins at Polipoli State Park and passes through dense stands of cypress, cedars, and pines and ends in an open grassy swale. It ends at Haleakala Ridge Trail junction. Wear bright clothing. Be aware that you may encounter hunters who are hunting off the trail. Stay on trail. Bicycles are not allowed. • Watch out for hunters!

25 PLUM TRAIL*
MAP: M-13 GPS: 20.671, -156.3393
1.7 mi. round-trip Elev: 5880' - 5280'
https://hawaiitrails.hawaii.gov/trails/#/trail/plum-trail/119
Trail begins at the old Civilian Conservation Corp. area and climbs gradually across the mountain through a planted forest of ash, redwood, sugi, and other species until it joins the Haleakala Ridge Trail. Numerous plum trees bearing fruit during the summer can be found along the trail. Wear bright clothing. Be aware that you may encounter hunters who are hunting off the trail. Stay on trail. Bicycles are not allowed. • Watch out for hunters!

**The Redwood, Haleakala Ridge, Polipoli and Plum Trails form a Loop Trail worth hiking (5.3 Miles).*

26 TIE TRAIL
MAP: M-13 GPS: 20.681, -156.3377
.5 mi. one-way Elev: 5420' - 5700'
https://hawaiitrails.hawaii.gov/trails/#/trail/tie-trail/121
Trail begins at the old CCC camp area and climbs gradually across the mountain through a planted forest of ash, redwood, sugi and other species until it joins the Redwood Trail. Bicycles are not allowed. • Watch out for hunters!

6 SKYLINE TRAIL
MAP: O-12 GPS: 20.7056, -156.2619
6.8 mi. one-way Elev: 9700' - 6520'
https://hawaiitrails.hawaii.gov/trails/#/trail/skyline-trail/149
Trail begins near the top of the southwest rift of Haleakala, at a gate and down the ridge, ending at Skyline Switch back at 6,520 feet at the upper end of the Haleakala Ridge Trail. The terrain is rugged and barren with cinder cones and craters along its length. Vegetation is sparse above 9,000', with the mamane tree line beginning at 8,600'. The native scrub becomes denser and more varied toward the lower end.
You must pass 2 locked gates along the trail. The native scrub is denser and varied at the lower end. Wear bright clothing. Be aware that you may encounter hunters who are hunting off the trail. Stay on trail.
Bikers always yield to hikers. Do not slide around corners or slide down the trail, which damages the trail and causes erosion. If accidents are reported or damage to the trail is extreme, the trail may be closed to mountain bikers. This trail is not an easy mountain bike trail.
4-wheel drive Vehicles may be encountered.

Bikers always yield to hikers.

28 MAUI MOTOCROSS PARK
MAP: I-8 GPS: 20.8309, -156.2752
www.mauimotox.com
A family oriented motocross track which includes a main motocross track, a smaller kid's track and a freestyle section. Only Maui Motocross Assn. members can use facilities. The trials course contains logs/rocks.

MAKAWAO STATE FOREST RESERVE TRAILS

(SEE DETAILED INSET AREA ON REVERSE SIDE)

29 KAHAKAPAO RECREATIONAL AREA
MAP: O-7 GPS: 20.8309, -156.2752
6 mi. round-trip Elev: 2811' - 3709'
http://mauimountainbike.org/kahakapao-recreation-area/
Located at the end of Kahakapao Road in Makawao, Makawao State Forest Reserve is managed by the Dept. of Land and Natural Resources, State of Hawaii. Open from 7am-7pm, year round. Kahakapao Recreational Area is a multi-use trail system for hiker, bikers and equestrians. There is a parking lot. The Kahakapao Recreational Area has biking for all levels.
Kahakapao Recreational Area has a beginner practice area, a "pump track", and advanced skills area, downhill flow trail and a looped trail. The beginner practice area is named the akahi (novice) skills area for basic bike handling skills that is both safe and exciting. There is also the advanced, or akamai (expert) skills area, a gravity trail, the "Pineapple Express", with a selection of different tracks for beginners, and for more advanced cyclist, and the pump track, or Pauma tracks, are for all level riders
The Pineapple Express, downhill flow trail is for bicycles travelling downhill ONLY! All others keep off. Equestrian prefered trails are present and may intersect or coincide with other uses. All mountain bikers must yield to hikers and equestrians on the trail.

TRAIL RULES AND SAFETY

1. Stay on marked trails. They are designated for public use and well-maintained by DLNR's Division of Forestry and Wildlife (DOFAW) under the Na Ala Hele Trail and Access Program. Cliff climbing, especially at waterfalls, is dangerous and prohibited.
2. If you are uncertain about the trail, turn around and return the same way.
3. Know the route and its potential hazards. If you plan to hike a Maui trail not on this map, or have questions about a route, call DOFAW, 808-984-8100. Downloadable trail maps are available from DOFAW on the Na Ala Hele website at: hawaiitrail.hawaii.gov/trails
4. Hike with a companion, never alone.
5. Tell someone at home your planned route and return time.
6. Wear or bring proper hiking attire: footwear with treads to prevent slipping, light rain jacket or windbreaker.
7. Take sunblock and plenty of drinking water, and use them. Carry a flashlight and first aid kit in case of emergencies.
8. Use common sense. Keep track of time. Allow enough to return before dark.
9. If you get lost and it's getting dark, wait for daylight. Never hike at night.
10. Permits are required for the removal of any plants or plant materials. If you plan to collect anything, check first with DOFAW to see if you need a permit. Collecting without a permit is illegal.
11. To camp or collect plants in a State Forest Reserve, obtain permit from DOFAW.
12. It is strongly recommended to wear blaze orange or other bright colored clothing when hiking in public hunting areas, and to stay on trails.
13. To hike or camp on State-leased or private land in a State Forest Reserve, obtain permission from lessee or landowner.
14. Keep dogs leashed except when actively hunting and pick-up after them.

TRAILS

HALEAKALA NATIONAL PARK TRAILS

www.nps.gov/hale/planyourvisit/hiking.htm

The summit area of Haleakala National Park has over 30 miles (48 km) of hiking trails. Trails range from just 10 minutes to multi-day overnight trips. You can hike in the native shrubland, looking for native forest birds and endemic plants, or in the alpine cinder desert, exploring the geologic history of the volcano.

When beginning your hike on a downward slope, allow for twice the time hiking to get out, e.g. 15 minutes hiking down + 30 minutes up = 45 minute hike. Soft cinder trails create hiking conditions similiar to walking on a beach in some areas. Trails are strenuous in the Summit Area because less oxygen at high elevation causes a lower concentration of oxygen in each breath.

Altitude sickness may be a concern. Medical assistance can take at least 45 minutes.

Be on guard for symptoms: nausea, headache, dizziness, and shortness of breath. Pregnant women and people with heart or respiratory conditions should consult their doctor before visiting and hiking in the Summit Area. Temperatures commonly range between 30 to 65 degrees F (-1 to +18 degrees C), and can reach below freezing at any time with the wind-chill factor. Hypothermia is a danger.

Hikers must be properly prepared for high altitudes and cold, rainy conditions. Weather in the Summit Area is unpredictable and ever-changing. Prepare for harsh UV rays, wind, rain, and cold temperatures year-round.

SUMMIT AREA HIKING TRAILS

(SEE DETAILED INSET AREA ON REVERSE SIDE)

31 HALEMAUU TRAIL
MAP: P-10 GPS: 20.7523, -156.2281
10.3 mi. one-way to Paliku Elev: 7990' - 6371'
The Halemauu Trail begins on the west side of the park and descends in a series of switch backs to the valley floor and to the east end of Haleakala Crater. The first mile is a gentle descent of about 300 feet, crossing a high-elevation native shrub area to the crater rim. The switch backs negotiate the steep 1,100-foot descent, providing excellent views of the crater and Koolau Gap.
From the bottom, the trail parallels the west rim for 1 mile to the Holua cabin. Vegetation in this area is very sparse. The cabin's elevation is 6,940 feet. The trail continues another six miles easterly to Paliku cabin, elevation 6,380 feet, located under a vertical cliff at the easternmost end of the crater. The Paliku area is wetter than the rest of the valley, with vegetation grading into grass flats and forested slopes.

32 SLIDING SANDS TRAIL
MAP: O-11 GPS: 20.713, -156.2511
9.2 mi. One-way to Paliku Elev: 9740' - 6371'
The Sliding Sands Trail is the main trail into the crater. It begins near the visitor center at 9740 feet and follows the base of the south rim of the crater to the Kapalaoa cabin at the six-mile mark. The first four miles descend through loose cinder to the crater floor at 7,400 feet. The trail is fairly level for the 2.7 remaining miles to Kapalaoa, passing through sparse grass flats. It then descends gradually for 2.2 miles until it joins the Halemauu Trail.

33 KAUPO GAP TRAIL
MAP: S-14 GPS: 20.6471, -156.1367
8.6 mi. one-way Elev: 240' - 6371'
The Kaupo Gap Trail affords a view of the cliffs on either side of the gap and a panoramic view of the coastline. The Park's portion begins at Paliku Cabin and ends at the Park boundary 3.7 miles later at 3,800 feet. This area is rough lava with thick low native forest and brushland. From there, the unmaintained trail passes into the privately owned Kaupo Ranch for 3 miles and descends another 1.8 miles to the Piilani Highway near the coast. Hikers are cautioned to stay on the trail at all times. **Note:** The Kaupo Trail 'technically' ends at Kaupo Ranch. The rest is 2 miles of county road to Piilani Hwy. The trail outside of the park boundary is not maintained. It is a rugged, unimproved trail and injuries have occurred. Visitors go at their own risk. NPS recommends using Crater trails only.

35 HOSMER GROVE NATURE TRAIL
MAP: P-10 GPS: 20.7678, -156.2401
Elev: 6750'
Hosmer Grove is a botanical grove. It is 3,500 feet below the summit of Haleakala. In 1910, Ralph Hosmer, The Hawaiian Island's first territorial forester, planted this grove with introduced trees from around the world. He planted spruce, juniper and fir from the United States mainland, cedar and sugi pine from Japan, and eucalypti from Australia. The self-guided nature trail is an easy meandering stroll through the alien forest and continues through a native forest, where visitors canview native birds found nowhere else on earth. The grove includes a picnic area and campground.

36 PA KA OAO TRAIL (AT HALEAKALA VISITOR CENTER)
MAP: O-11 GPS: 20.7126, -156.251465
.5 mi. round-trip Elev: 9740' - 10,000'
A short trail leads to the top of Pa Ka Oao (White Hill), a small cinder cone. The trail offers one of the highest vantage points in the park and gives a 360 degree panoramic view of the of the crater. The trail begins just outside the Haleakala Visitor Center, and climbs 260' to the peak.

KIPAHULU AREA HIKING TRAILS

www.nps.gov/hale/planyourvisit/kipahulu.htm

The Kipahulu Area of the park has trails through the lush, green tropical coastal environment. Never cross streams that are flooding, and always check on current conditions before you head out. The Kipahulu Area temperatures are commonly warm and humid. These landscapes are the result of unpredictable and often violent forces such as flash flooding, rock falls, landslides, rough surf, or strong ocean currents. Swimming is discouraged. Get the latest information on trail conditions and closures.

34 PIPIWAI TRAIL
MAP: V-13 GPS: 20.6621, -156.0442
4 mi. round-trip Elev: 20' - 800'
Waimoku Falls, Bamboo forest, and cliffside waterfalls. No swimming allowed at the waterfalls. Includes the 200 ft. Makahiku Falls, and the 400 ft. Waimoku Falls. Location: Mile Marker #42 along Hwy. 31. Difficulty Level: Moderate.

KULOA POINT LOOP TRAIL 1 mi. round-trip
Lower stream, ocean views, archeology sites, interpretive signs and Pools of Oheo. Swimming in the pools is not recommended due to rock slides and flash floods.

KAHAKAI TRAIL .6 mi. round-trip
Ocean /coast views. Connects campground to Kuloa Point Loop Trail.

KAPALUA WALKING & HIKING TRAILS

(SEE DETAILED INSET AREA ON REVERSE SIDE)

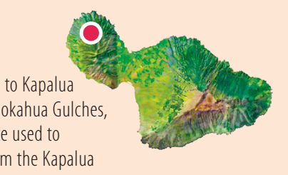
Kapalua Resorts is private property so all trail access is subject to closure without notice. Check with Kapalua for current public access status.

www.kapalua.com/activities/hiking-trails

Kapalua has miles of trails from mountain ridges to the coastline. The trails are accessible from the Kapalua Village Center or D.T. Flemings Beach. Hours: 7 a.m. to sunset.

39 KAPALUA COASTAL TRAIL
MAP: B-2 GPS: 20.9982, -156.6665
1.75 mi. one-way Elev: 20' - 60'
At the ocean's edge through Kapalua Resort, the Coastal Trail runs north from Kapalua Bay Beach, across sand dunes at Oneloa bay, through the Ritz-Carlton to D.T.Fleming Beach Park. Access to the trail: Kapalua Bay Beach, Bay Villas parking lot, Oneloa Beach, Ritz-Carlton, D.T. Fleming Beach Park. This flat, easy pathway alternates between boardwalk, and rock trail. Views of the islands of Lanai, and Molokai, luxury homes and golf courses, volcanic outcroppings. Pathways have some uneven footing.

40 VILLAGE WALKING TRAILS
MAP: B-2 GPS: 20.9953, -156.6499
3.6 mi. round-trip Elev: 200' - 700'
A network of walking trails follows the established cart path located on the former, now closed, Village Golf Course. Panoramic views. Access: Kapalua Village Center. Six trails ranging from Easy to Difficult. The Village Walking Trails are open on a temporary basis and subject to closure at any time without notice.



41 MAHANA RIDGE TRAIL
MAP: B-2 GPS: 20.9974, -156.6528
5.75 mi. one-way Elev: 200' - 1850'
This mountain ridge trail connects Maunalei Arboretum to Kapalua Resort. Offering spectacular views of Mokupea and Honokahua Gulches, this trail allows hikers to walk through rugged land once used to cultivate coffee and pineapple. The trail is accessible from the Kapalua Village Center or Fleming Beach. Strenuous 20 plus-mile roundtrip hike to the trailhead. No return transportation from the trailhead. No private vehicles are permitted to drive to a trailhead.

42 HONOLUA RIDGE & MAUNALEI ARBORETUM TRAILS
MAP: C-3 GPS: 20.9634, -156.6153
3.1 mi. one-way Elev: 1240' - 1850'
This mountain ridge trail connects Maunalei Arboretum to the Mahana Ridge Trail. Strenuous 20 plus-mile roundtrip hike to the trailhead. Maunalei Arboretum was established by D.T. Fleming, plantation manager of Honolua Ranch, who collected new plant and tree species. Signs indicating names of some native as well as exotic species are along the trail. The Maunalei Arboretum is only accessible via the Mahana Ridge Trail.

KAPALUA RESORT'S TRAILS SAFETY GUIDELINES:

1. Stay on Marked Trail: Do not disregard warning signs. If you are uncertain about a trail, turn around and return the way you came.
2. Bring Water: Carry at least 2 liters of water per person for a full day hike.
3. Hike with a Partner: Don't hike alone. Keep track of each other and re-group near junctions or when the trail gets obscure.
4. Avoid Undue Risks: Climbing rocks and following narrow ridgelines or gulches off the trail can place you in danger.
5. Monitor the Weather: Be mindful of quick weather changes especially when hiking along the mountain tops or ridges.
6. Watch the Time: Hawaii does not have daylight savings time. If you are caught in the dark, stay put and call Security at 808-665-9101.
7. Wear Proper Clothing: Wear closed toe shoes and dress in layers. A hat, sunglasses, sunscreen and light raingear are recommended.

PUBLIC PATHS

Variety of public byways appropriate for mixed use, as paved walkways or boardwalks.

44 KAANAPALI BEACHWALK
MAP: A-4 GPS: 20.9263, -156.6957
1.5 mi. one-way
Direct access to the paved beachwalk, on the ocean, from resorts on Kaanapali Beach. From the Sheraton Maui Resort on the north end to the Hyatt Regency Maui on the south side. There are a stops along the way for food and beverages at pools, bars, and restaurants and shopping at Whalers Village Mall.

45 WAILEA OCEANFRONT BEACHWALK
MAP: I-12 GPS: 20.6918, -156.444
3.2 mi. round-trip Elev: 10' - 80'
The path is a boardwalk on the north end and the rest is paved. You access the path from any one of the Wailea resorts. Parking just south of the Grand Wailea resort, at Ulua Beach park or Polo Beach Park. Interpretive Hawaiian Coastal Gardens along the way, with hiking trails and more than 60 native plant species.

47 KEALIA COASTAL BOARDWALK
MAP: H-9 GPS: 20.7956, -156.4854
.9 mi. round-trip
https://en.wikipedia.org/wiki/Kealia_Pond_National_Wildlife_Refuge
This 2,200-foot boardwalk and kiosk with self-guided interpretive exhibits provides visitors an opportunity to learn about the many native and visiting birds that visit the wetlands. Two of Hawaii's endangered waterbirds, the Hawaiian coot and Hawaiian stilt, can be seen here. Across the highway, you can see Kealia Pond National Wildlife Refuge, where waterfowl from Asia and North America migrate in winter. Boardwalk Hours - Open 7 days a week: 6am- 7pm Closed Federal Holidays.

48 KIHEI BIKEWAY
MAP: I-10 GPS: 20.7517, -156.4507
.75 mi. one-way Elev: 40' - 50'
www.mauibike.org/south-maui-bike-path/
A public project that is planned (eventually) as a continuous paved pathway from north to south Kihei. Phase 1 and 2 are compte and the entire length of the path is about 4,000 feet and passes the Piilani Village Shopping Center, the Kihei Aquatic Center, Kihei Elementary School, Lokelani Intermediate School, and ends at the South Maui Regional Park.

46 NORTH SHORE GREENWAY
MAP: I-5 GPS: 20.9024, -156.4313
2.5 mi. one-way Elev: 10' - 20'
www.mauibike.org/north-shore-greenway/
The North Shore Greenway will one day be a 7-mile paved pathway connecting parks, beaches, and the airport along the Maui coastline between the communities of Kahului, Spreckelsville, and Paia. Currently, the trail is completed in two disconnected segments. On its west end, the trail begins at Kanaha Beach Park. From the park, the trail heads east, around the back side of Kahului Airport, to end next to the Kaunoa Senior Center, for a distance of 1.7 miles. After a short gap, the trail picks up at Baldwin Beach Park, a popular sandy beach for swimming with a grassy area for picnicking. From the park, the trail continues its eastward journey paralleling Hana Highway to Lower Paia Park. As of 2018, the process is underway to design the trail section that would fill in the missing link between the two open segments. The new section will run through Spreckelsville and past the Maui Country Club. On its west end, parking and restrooms available in Kanaha Beach Park. On the trail's east end, parking and restrooms are available at Baldwin Beach Park and Lower Paia Park in Paia.

CONSERVATION

NATURAL AREA RESERVES

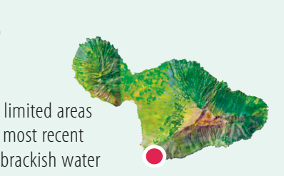
https://dlnr.hawaii.gov/ecosystems/nars/maui/

The State of Hawaii established the Natural Area Reserve System (NARS) in 1970 to protect and manage a variety of ecosystems that represent the unique natural heritage of the Hawaiian Islands. There are 123,810 acres in 21 NARS throughout the State. Maui has four NARS comprising of 17,000 acres; Ahihi-Kinau, Kanaio, West Maui, and Hanawi. Because the species that inhabit our island chain evolved over millions of years in isolation, more than 90% of the plants, birds and insects found in Hawaii occur nowhere else in the world. Many reserves are also vital watershed areas that provide much of the islands fresh water. Introduced non-native species pose one of the biggest threats to the NARS. Many of our native species are highly susceptible to threats. NARS areas are the most highly protected of all State lands and visitors to the NARS are asked to walk softly and be sensitive to impacts to the resources in these areas. NARS areas have been set aside primarily to protect unique biological and geological resources, hence recreational opportunities are limited in scope and focused around the passive observation and appreciation of nature. There is no drinking and no bathroom or trash facilities are provided. Visitors are expected to be self-sufficient and environmentally sensitive. Please help preserve these areas for benefit of future generations.

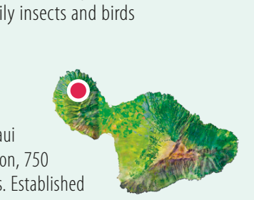
For more information: Free brochure, Why We Must Preserve Hawaii's Natural Treasures, is available at NARS, Department of Land and Natural Resources, 1955 Main Street, Room 301, Wailuku, Hawaii, 96793; phone (808) 984-8100.

171 KANAIO NATURAL AREA RESERVE
MAP: L-14 GPS: 20.6296, -156.3562
876 acres
This reserve protects a remnant of the dryland forest on the leeward slope of Haleakala. Dryland forest is an endangered community type that may largely disappear in the next few decades without careful management intervention. Of the dryland forests left in Hawaii, few areas have retained the diversity and biomass of native species found in Kanaio Natural Area Reserve. Highway 31 passes through the lower portion of the reserve. There are no trails. It is hot, dry and windy. Drinking water is essential. Kanaio is located in rough lava terrain on the southeast slope of Haleakala. The reserve protects a remnant of the native dryland forest that once covered the leeward slope of Haleakala. Kanaio protects a rich assemblage of native dryland trees and shrubs.

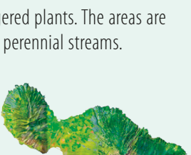
172 HANAWI NATURAL AREA RESERVE
MAP: V-11 GPS: 20.7326, -156.056
7,500. acres
Part of the 100,000 acre East Maui watershed, the largest harvested source of surface water in Hawaii, it contains some of Hawaii's best remaining native rain forests and is habitat for the world's largest concentration of endangered birds as well as several other rare and endangered plants and animal species. One of the most endangered birds in the world, Kiwikiu, is known from these forests. It is an important parcel for regional conservation. Extending from 2,000 feet elevation to over 7,500 feet elevation, Hanawi is remote, wet, steep and difficult to access. Public access may be restricted in critical habitat areas. No roads cross the reserve.
There are no trails and hiking is not recommended due to the remote, steep, pristine and fragile nature of the area.



174 AHIHI-KINAU NATURAL AREA RESERVE
MAP: I-16 GPS: 20.5921, -156.437
2,045 acres
This reserve includes a land and marine reserve. Only limited areas are open for public use. Unique resources include the most recent lava flow on Maui, anchialine pools (tidal influenced brackish water pools) and diverse coral species in the marine reserve. Ahihi-Kinau NAR is characterized by rough, jagged aa lava. Sturdy footwear is essential. Trails are unmarked and limited. Stay on existing trails to prevent accidental damage to natural and cultural resources. Stay out of ponds. Fishing and collecting are prohibited. Caution is advised for the marine section during summer months due to higher than normal surf conditions. This reserve is located near the end of the road past Makena. It is a hot, dry and windy area. Drinking water is essential. Established in 1973, Ahihi-Kinau was the first reserve in the Natural Area Reserve System and as such is the anchor gem in a priceless statewide system. Hot, dry, and sparsely vegetated, the reserve is unique in that its boundaries contain the most recent aa lava flow on Maui, here on the dry south flank of Haleakala. Unlike most NARs, Ahihi-Kinau also includes a marine component–the surrounding reef systems shelter a complex assemblage of organisms, most of them endemic to the Hawaiian archipelago. Fragile and imperiled anchialine pools, housing a high diversity of rare Hawaiian shrimps, are protected within this Reserve and are off-limits for their own protection. Coastal dry shrublands, coastal beach communities, and examples of pioneer vegetation also serve as habitats for other rare native plants and animals–primarily insects and birds



173 WEST MAUI NATURAL AREA RESERVES
MAP: D-7 GPS: 20.8438, -156.6072
6,702 acres
This reserve consists of four separate sections in the West Maui Mountains. Kahakuloa section, 3,275 acres. Honokowai section, 750 acres. Panaewa section, 1,717 acres. Lihau section, 960 acres. Established to protect a diversity of ecosystems ranging from dry grasslands to wet ohia forests which include bogs, montane lakes, and perennial streams. The reserve ranges from about 700 feet elevation to 5,788 feet at the peak of Puu Kukui, the highest point in the West Maui Mountains. This area is an important watershed and includes the headwaters of several perennial streams. No roads or trails cross the reserve. The reserve encompasses lowland and montane native communities ranging from dry grasslands to wet ohia forests. The reserve also includes bogs, montane lakes, forest bird habitat, and rare and endangered plants. The areas are extremely important watershed sites which contain the headwaters of perennial streams.



170 NAKULA NATURAL AREA RESERVE
MAP: P-12 GPS: 20.6911, -156.2311
1,420 acres
The new reserve contains a rare leeward koa-ohia forest and alpine shrublands on the south slope of Haleakala. The reserve is potential reintroduction site for endangered birds.

RULES FOR NATURAL AREA RESERVES

THE FOLLOWING ARE NOT ALLOWED:

1. Fires, littering or tent camping.
2. Injuring, removing or killing any native animal or plant life.
3. Vehicles of any kind, except on designated roads.
4. Removing, damaging, or disturbing any historic or prehistoric remains, or geological feature or substance.
5. Introducing any form of plant or animal life.
6. Operating a motorized vessel within reserve waters.
7. Placing any vessel or material in, on or otherwise disturbing a lake or pond.

STATE FOREST RESERVES & HUNTING UNITS

Most of Maui's fresh water comes from forest watershed areas. Falling rain is intercepted by the leaves and branches of the trees and shrubs and drips slowly to the forest floor. Ferns and mosses in the forest act as sponges to absorb the water and let it seep slowly through the soil to refill underground water supplies and streams.

Today, forest reserves are valuable as a fresh water source, wildlife refuge, recreational area and source of many products, from koa lumber to wild game. DLNR's Division of Forestry and Wildlife manages and protects the forest reserves, which comprise almost 30 percent of Hawaii's total land area.

Most forest reserve areas are open to the public for certain recreational uses. All camping in forest reserves requires a permit obtained at DOFAW. All hunters must obtain a hunting license (see Hunting, below). Some forest reserve areas are "closed watersheds" which means that the public is prohibited from entering without a permit.

If unseasonably dry conditions exist, DOFAW may decide to close a State Forest Reserve to the public. DOFAW may also need to modify current or pending hunting schedules, recreational events, or cancel any other public use in a State Forest Reserve. Please call 984-8100 for the current hazard status of Maui's State Forest Reserve areas.

For permits and more information, contact: Division of Forestry and Wildlife, 685 Old Haleakala Highway, Kahului, HI. 96732; (808) 984-8100.

HANA FOREST RESERVE
MAP: V-10
GPS: 20.7466, -156.053823
13,207 acres
Portions contain East Maui Hunting Unit A.

KAHIKINUI FOREST RESERVES
MAP: Q-12 & O-12
GPS: 20.6931, -156.2094
4,467 acres
Contains Hiking and Biking Trails.
Portions contain East Maui Hunting Unit C.

KIPAHULU FOREST RESERVE
MAP: T-13
GPS: 20.6713, -156.11387
2,372 acres

KOOLAU FOREST RESERVE
MAP: R-8
GPS: 20.8069, -156.17095
31,387 acres
Portions contain East Maui Hunting Unit B.

KULA FOREST RESERVE
MAP: N-12
GPS: 20.6986,-156.2967
4,965 acres
Contains Hiking and Biking Trails. Portions contain East Maui Hunting Unit C & E.

MAKAWAO FOREST RESERVE
MAP: O-8
GPS: 20.8101, -156.2618
2,093 acres
Contains Horse, Hiking and Biking Trails.
Contains East Maui Hunting Unit D.

WAIHOU SPRING FOREST RESERVE
MAP: N-8
GPS: 20.8067, -156.2841
190 acres

WEST MAUI FOREST RESERVE
MAP: E-2, E-8, C-6, C-5
14,545 acres
Portions contain Hunting Unit A.

HUNTING UNITS

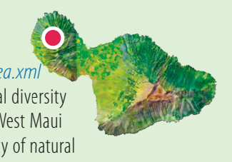
All hunters are required to wear a blaze orange garment while hunting.

License fees: Residents, including servicemen and their dependents, $10 plus $10 for required game stamp; non-residents, $95 plus $10 for required game stamp; senior citizens (65 years of age or older), free.

THE NATURE CONSERVANCY OF HAWAII

The Nature Conservancy protects the native species that live in the preserves by managing the invasive weeds and animals threatening their survival. Our funding goes towards on-the-ground land management, which is at the heart of what we do.

177 WAIKAMOI PRESERVE
MAP: R-10 GPS: 20.7519, -156.171
8,951 acres www.nature.org/ourinitiatives/regions/northamerica/unitedstates/hawaii/placesweprotect/waikamoi.xml
A sanctuary for dozens of rare or endangered native Hawaiian species. The akohekohe and the Maui parrotbill, birds that may be sighted in the preserve, exist only on East Maui. Other rare species include the scarlet iiwi, the yellow-green Alauaho, the pueo (Hawaiian owl), and the nene (Hawaiian goose). It is an important sanctuary for hundreds of native Hawaiian plants and animals. It's high-elevation rain forest and alpine shrubland are home to 12 different native bird species, seven of them endangered, as well as spectacular plants like the blue opelu, a native lobelia.
Guided public hikes in Waikamoi begin from Hosmer Grove Campground of Haleakala National Park. Reservations are required, and are made by calling (808) 572-7849. To reach Waikamoi Preserve, drive to Haleakala National Park via Highways 377 and 378. The National Park Service also conducts hikes at Waikamoi Preserve on Monday and Thursday mornings. Contact Haleakala National Park for information at (808) 572-9306. Parties wishing to enter Waikamoi at other times should contact the Preserve office well in advance. There is a suggested $5 donation for members ($15 for non-members) wishing to join a Nature Conservancy hike. A $25 annual membership includes quarterly reports and a subscription to the magazine Nature Conservancy.



176 KAPUNAKEA PRESERVE
MAP: D-4 GPS: 20.9224, -156.6083
1,264 acres www.nature.org/ourinitiatives/regions/northamerica/unitedstates/hawaii/placesweprotect/kapunakea.xml
Kapunakea Preserve exemplifies the high concentration of natural diversity that is Hawaii. Located high above the coastline resorts in the West Maui mountains, Kapunakea Preserve is home to an astonishing variety of natural community types and many of the plants that were indispensable to everyday life in ancient Hawaii. The preserve climbs from almost dry lowland forest at 1,600 feet to wet forests and montane bogs at 5,400 feet. Within this range are 11 different natural communities and 24 rare plant species, including the spectacular West Maui silversword (ahinahina) and the delicate Maui bog violet. There is no public access to the preserve, due to rugged location and logistical issues.

WILDLIFE SANCTUARIES

182 KEALIA POND
MAP: H-9 GPS: 20.7948, -156.4661
400+ acres
www.fws.gov/refuge/kealia_pond/
Visitor Center is open! Explore the wetlands and its feathered critters with an introduction in the new exhibit hall. Learn about the endangered wetland birds in your neighborhood refuge!
Visitor Center Hours:
Monday: 11:00am-3:00pm
Tuesday- Friday: 8:00am- 3:00pm
Refuge Hours: M-F 7:30am- 4:00 pm
Boardwalk Hours - Open 7 days a week: 6am- 7pm, Closed Federal Holidays.
The main wildlife-dependent activities at Kealia Pond NWR are wildlife observation, photography, and environmental education and interpretation. The refuge is a popular place for birdwatching, particularly when migratory birds are present from August to April.

MARINE LIFE CONSERVATION DISTRICTS

Hawaii's coral reefs and coastal waters are spectacular natural treasures that provide habitat for more than 400 species of fish. Marine Life Conservation Districts (MLCDs) protect nearshore fish and their aquatic habitats by restricting or regulating certain "taking" activities. This supports the diversity of marine life for everyone's enjoyment.

You can help protect these unique and fragile ecosystems by leaving things as you find them and avoiding walking on the reef.

178 HONOLUA-MOKULEIA BAY
MAP: C-1 GPS: 21.0157, -156.6434
45 acres
http://dlnr.hawaii.gov/dar/marine-managed-areas/hawaii-marine-life-conservation-districts/maui-honolua-mokuleia/
Honolua Bay is located on the northwestern coast of Maui, about 10 miles north of Lahaina along Highway 30. Mokuleia Bay is southwest of, and adjacent to, Honolua. The diving in Honolua Bay is best on either side, where there are dense coral growths, and along the northeastern shoreline. Small caves and archways are found near Kalaepiha Point on the bay's left side. In Mokuleia, coral growths are found at both points that bound it, Kalaepiha and Alaelae. Depths range from 10 to 50 feet. Fishing is prohibited in this MLCD, as is taking or injuring any marine life, including coral.

179 MOLOKINI SHOAL
MAP: H-14 GPS: 20.6397, -156.4888
77 acres
http://dlnr.hawaii.gov/dar/marine-managed-areas/hawaii-marine-life-conservation-districts/maui-molokini-shoal/
Established in 1977, this islet is one of Maui's most popular diving locations. Located in the Alalakeiki Channel about 3 miles off Maui's southwestern coast, it is accessible only by boat. Molokini islet is the southern rim of an extinct volcanic crater. Its diversity of fish species is among the most impressive in the state, and it is also home to small colonies of black coral. Trolling is permitted in Subzone B only. Any other type of fishing or fishing gear is prohibited, as is taking or injuring sand, coral or other geological features. Fish feeding is also prohibited. The use of existing mooring systems is recommended to avoid anchor damage to corals. Anchoring will be prohibited once a permanent mooring system is installed. Entry onto the island is prohibited.

181 KANAHA POND
MAP: I-5 GPS: 20.8898, -156.4582
143 acres https://en.wikipedia.org/wiki/Kanaha_Pond_State_Wildlife_Sanctuary
Take Highway 36 to Kahului Airport. The sanctuary is about one mile northwest of the airport via Keolani Place. Kanaha Pond was created over 200 years ago by Kapiiohookalani, the King of Maui, as a royal fishpond. It has since been designated a State Wildlife Sanctuary, and has also been registered as a National Natural Landmark. Kanaha Pond provides a wetland habitat for several indigenous (native to Hawaii, but found elsewhere as well) waterbirds, including the Hawaiian Stilt, the Hawaiian Coot, the Hawaiian Goose and the Hawaiian Duck, all endangered species. The pond also provides a habitat for Black-crowned Night-Herons, an endemic (found only in Hawaii) species. In addition, various migratory waterfowl and shorebirds from Asia and the mainland winter there each year. Visitors are accommodated at Kanaha Pond year-round, with an observation peninsula, viewing kiosk, and public parking area. To reduce disturbance to nesting birds, visitors are not permitted in the more fragile eastern section of the sanctuary from April-August. Visitors are permitted in this area from September-March. For more information, contact Division of Forestry and Wildlife, 695 Old Haleakala Highway, Kahului, Hawaii, 96732; (808) 984-8100.

SAFETY INFORMATION

RESTRICTIONS IN NEARSHORE WATERS

- **Napili Bay:** No operating or mooring of vessels allowed.
- **Lahaina-Kaanapali Offshore Area:** Thrill craft activity must remain in designated areas. Person s operating vessels must exercise due care when transiting this area. Closed during whale season (December 15 to May 15).
- **Kaanapali Commercial Thrill Craft Area**: No more than six rental thrill craft may operate at one time within each area. Closed during whale season.
- **Olowalu Beach:** No operating or mooring of vessels allowed.
- **Kaanapali Water Sledding Zone:** Designated for commercial water sledding. Closed during whale season.
- **Maui Humpback Whale Protected Waters:** Thrill craft, parasailing, water sledding and high-speed boating are prohibited during whale season.
- **Hookipa Restricted Zones:** Zone A is designated for swimming and surfing only. No operating or mooring of vessels (including sailboards) allowed. Zone B is designated for surfing when 5 or more persons are surfing within this zone. No operating or mooring of vessels (including sailboards) allowed within the surf break area. Zone C is designated for surfing when 10 or more persons are surfing within this zone. No operating or mooring of vessels (including sailboards) allowed within the surf break area. Zone D is designated for pole and net fishing. No operating o¢ mooring of vessels (including sailboards) allowed.
- **Baldwin Park-Paia Bay:** No operating of vessels faster than no-wake speed. No sailboards allowed.
- **Papaula Point:** No operating of vessels (including sailboards) allowed. Windsurfing permitted west of the restricted zone after 11:00 a.m.
- **Kanaha Beach Park:** No operating of vessels (including sailboards) within swimming areas allowed. Sailboards may be launched after 11:00 a.m.
- For permits and more information, contact the Division of Boating and Ocean Recreation, 2145 Wells Street #106, Wailuku, Hawaii, 96793; phone (808) 243-5824

IMPORTANT PHONE NUMBERS

Emergency/Police/Fire/Ambulance 911

NON-EMERGENCY NUMBERS:

Maui Bus 808-871-4838
Maui Emergency Management Agency Hotline **808-986-1200**
Maui Memorial Medical Center (Maui Health Systems) **808-244-9056**
Maui Police Dispatch (non-emergency) **808-244-6400**
Visitor Aloha Society of Hawaii (VASH) **808-244-3530**
Visitor Information Line (24/7) **800-525-MAUI (6284)**
Weather, Surf & General Information **866-944-5025 or 808-944-3756**

RADIO STATIONS

In case of an emergency, listen to the following local stations:

- **KAOI-AM 1110**
- **KMVI-AM 900**
- **KNUI-AM 350**
- **KAIO-FM 95.1/97.7**
- **KDLX-FM 94.3**
- **KLHI-FM 92.5/101.7**
- **KMVI-FM 98.3**
- **KNUQ-FM 103.3/103.9**
- **KONI-FM 104.7**
- **KPMW-FM 105.5**
- **KPOA-FM 93.5/92.9**
- **KHEI 107.5**
- **KISS 99.9/99.3**

The Visitor Aloha Society of Hawaii (VASH) is a non-profit organization that provides assistance to visitors whose vacations are affected by crime or other emergencies.

Published by Maui Visitors Bureau. 808.244.3530
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